



## PRESS RELEASE

# Metalworkers: new European project to train trade unionists on mental health kicks off

Kick off Meeting 16 May 2024, Rome

The Kick off meeting of the EU-funded project 101143366 - InCreMe-n-tal - *Increasing Metalworkers' representatives' Awareness and Skills on Mental Health Protection & Promotion in the Workplace*- was held in Rome on Thursday, 16 May.

The project aims to provide quality training to trade unionists and workers' representatives of the metalworking industry at transnational level in order to raise their awareness of emerging psychosocial risks related to the work environment and work organisation, but also of the strategic role of social dialogue and collective bargaining initiatives in the protection and promotion of workers' mental health. This will be achieved through close collaboration between the 'research' partners, experts, trade unions and associated partners and through the delivery of 22 training sessions (at national and transnational level), organised thematically, taking into account sectoral and national peculiarities, but also the international context and practices in the field; the implementation of communication and dissemination activities designed to fit in with other European and international initiatives and meetings organised on the theme of risk prevention and mental health promotion in the workplace.

27 participants took part in the works (in presence and in connection), coming from the different project partner countries: Spain, Turkey, Ireland, Belgium, Slovenia and Slovakia. For each partner country, the trade union and a research centre/university are expected to participate.

Fim Cisl is coordinator of the project, supported by ADAPT as scientific and research partner.

The work was opened by National Secretary Massimiliano Nobis- project manager of the project, who in his speech raised the need for ***'the trade union to question itself on a topic, that of workers' mental health, which unfortunately is still on the margins of our work. Fim is very proud to coordinate such an ambitious project, which sees the participation of prestigious universities and union partners, which will lead to important results'***.

Rome, 16 May 2024



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